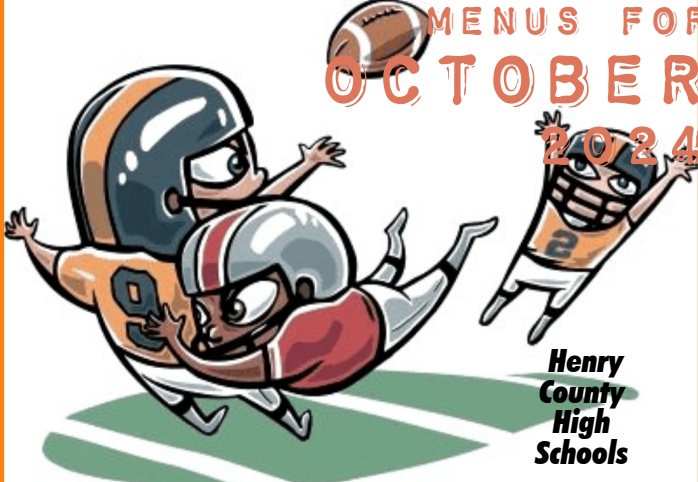


**MENUS FOR  
OCTOBER  
2024**



This institution is an equal opportunity provider.  
Menus are subject to change.

**SCHOOL LUNCH PIRATES  
FIND YOUR TREASURE!  
OCTOBER 14-18, 2024**



**Available Daily**

- Breakfast (in blue):**  
Assorted Cereal  
Fresh Apples & Oranges  
100% Fruit Juice  
Choice of Low Fat Milk
- Lunch:**  
Fresh Apples & Oranges  
Stuffed Crust Pizza  
Chicken Wrap  
Choice of Low Fat Milk

\*Pork products listed in pink.



**Featured Specials of the Day**

**Tuesday, October 1**

- Blueberry Breakfast Stick, WG Muffin w/ Yogurt**  
1. Lemon Pepper Chicken Wings w/ Roll 2. Spicy Chicken Sandwich, 3. PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Celery Sticks w/ Ranch, 100% Fruit Juice

**Wednesday, October 2**

- Sausage Biscuit, Breakfast Frudel**  
1. Chicken Drumstick w/ Roll, 2. PBJ/Wow Sandwich w/ Chips 3. Popcorn Chicken w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, October 3**

- Apple Cinnamon Toast, WG Muffin w/ Yogurt,**  
1. Teriyaki Chicken & Rice, 2. PBJ/Wow Sandwich w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

**Friday, October 4**

- Chicken Biscuit, Frosted Breakfast Pastry**  
1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

**Featured Specials of the Day**

**Monday, October 7**

- Sausage Biscuit, Chicken Biscuit,**  
1. Cowboy BBQ Nachos 2. Mini Corn Dogs, Carrot Sticks w/ Ranch, Baked Beans, Pineapple Tidbits

**Tuesday, October 8**

- Breakfast Bun, WG Muffin w/ Yogurt,**  
1. Meateaters Pizza 2. PBJ/Wow Sandwich w/ Chips 3. Garden Salad w/ Chicken, Whole Kernel Corn, Garden Salad w/ Ranch, Sliced Pears

**Wednesday, October 9**

- Sausage Biscuit, Mini Bagel w/ Cream Cheese**  
1. Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips 3. Grilled Cheese Sandwich, (ES) Steamed Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, October 10**

- Breakfast Pizza, WG Muffin w/ Yogurt,**  
1. Spaghetti w/ Garlic Toast 2. Deli Turkey Sandwich w/ Chips (ES). 3. PBJ/Wow Sandwich w/ Chips Carrot Sticks w/ Ranch Green Beans, Frozen Juice Cup

**Friday, October 11-Half Day**

- Chicken Biscuit, Frosted Breakfast Pastry**  
1. Grab & Go Pizza  
2. PBJ/Wow Sandwich Sack Lunch  
Carrot Sticks w/ Ranch, 100% Fruit Juice

**DON'T 4 GET!**  
Take at least **ONE**  
**FRUIT** or  
**VEGGIE**  
and at least **THREE**  
items total so your meal  
counts as a complete lunch!

2024-2025: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.40	\$2.65
Students Grades 6-12	\$1.40	\$2.75
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.50	\$4.00
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.50	\$4.00



**NATIONAL SCHOOL LUNCH WEEK**

**Monday, October 14**

*Sausage Biscuit, Chicken Biscuit,*

- 1. Orange Chicken & Rice, 2. PBJ/Wow Sandwich w/ Chips,
- 3. Crisпитos, Salsa, Green Peas Carrot Sticks w/ Ranch, Fresh Pear, **Chocolate Chip Cookie**

**Tuesday, October 15**

*WG Muffin w/ Yogurt, Breakfast Bun*

- 1. Cheeseburger, 2. Deli Turkey Sandwich,
- 3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Sliced Peaches

**Wednesday, October 16**

*Sausage Biscuit, Breakfast Frudel*

- 1. Chicken Strips w/ Roll, 2. Hot & Spicy Chicken Strips w/ Roll,
- 2. PBJ/Wow Sandwich w/ Chips Steamed Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, October 17**

*WG Muffin w/ Yogurt, Breakfast Pizza*

- 1. Beefy Nachos w/ Salsa 2. PBJ/Wow Sandwich w/ Chips, Pinto Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

**Friday, October 18**

*Chicken Biscuit, Frosted Breakfast Pastry*

- Lemony Pepper Chicken Wings** w/ Roll, Stuffed Crust Pizza, Whole Kernel Corn, Celery Sticks w/ Ranch, 100% Fruit Juice

**Monday, October 21**

*Sausage Biscuit, Chicken Biscuit,*

- 1. Crisпитos 2. PBJ/Wow Sandwich w/ Chips,
- 3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Applesauce

**Tuesday, October 22**

*Strawberry Mini Pancakes, WG Muffin w/ Yogurt*

- 1. Spicy Chicken Sandwich, 2. Deli Turkey Sandwich
- 3. Garden Salad w/ Chicken, Potato Tots, Garden Salad w/ Ranch, Banana

**Wednesday, October 23**

*Sausage Biscuit, Mini Cinnis Cinnamon Bagel,*

- 1. Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips
- 3. Ravioli w/ Roll Steamed Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, October 24**

*Mini Pancake Wraps, WG Muffin w/ Yogurt*

- 1. Chicken & Waffles 2. PBJ/Wow Sandwich w/ Chips, Sweet Potato Fries, Celery Sticks w/ Ranch, Frozen Juice Cup

**Friday, October 25**

*Chicken Biscuit, Frosted Breakfast Pastry*

- 1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
- 3. Hot Dog, Local Corn on Cob, Garden Salad w/ Ranch, 100% Fruit Juice

**Monday, October 28**

*Sausage Biscuit, Chicken Biscuit,*

- 1. BBQ Sandwich, 2. Mini Corn Dogs, Carrot Sticks w/ Ranch Baked Beans, Pineapple Tidbits

**Tuesday, October 29**

*Croissant Turkey Ham & Cheese, WG Muffin w/ Yogurt*

- 1. Cheeseburger, 2. Deli Turkey Sandwich,
- 3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Sliced Pears

**Wednesday, October 30**

*Sausage Biscuit, Breakfast Frudel*

- 1. Chicken Alfredo w/ Roll, 2. PBJ/Wow Sandwich w/ Chips
- 3. Popcorn Chicken w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

**Thursday, October 31 (BE SAFE!)**

*Breakfast Bun, WG Muffin w/ Yogurt*

- 1. Chicken w/ Mac & Cheese 2. PBJ/Wow Sandwich w/ Chips
- Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

**Friday, November 1**

*Chicken Biscuit, Assorted Cereal,*

- 1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
- 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice,
- BIRTHDAY CELEBRATION RICE KRISPIE TREAT**

**LOCAL HARVEST OF THE MONTH**

**VEGETABLE**

**Corn on the Cob**

We think of corn on the cob as a summer thing, but in many areas it's available field-fresh through October. Boiled, steamed, or roasted on the grill, corn is a low-calorie, nutrient-rich food that's good for you AND fun to eat!

**OF THE MONTH**

**YOU NEVER KNOW WHAT YOU MIGHT RUN INTO OUT THERE!**

**STAY ALERT & BE SAFE!**